



Intimate Care Policy

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Policy Statement

At Bradpole preschool we believe every child has the right to be treated with sensitivity and respect, and in such a way that their experience of intimate care is a positive one. We are committed to ensuring that no child is excluded due to their stage of development, including those who are not yet toilet trained. We work in close partnership with parents and carers to support children through toilet training, following consistent approaches to avoid confusion and promote confidence.

Toilet training is an important self-care skill, and staff provide children with the time, encouragement, and support needed to develop this independence. Our child-sized toilets and sinks are located within the main room, enabling children to access them independently or request support when needed.

Intimate care routines are an essential part of daily practice and include nappy changing, supporting children with toileting, changing clothes, administering first aid, and providing specialist medical support where required.

Each child's key person is responsible for their intimate care wherever possible. In their absence, another familiar member of staff will provide care to ensure the child feels safe and secure.

At Bradpole Preschool, we believe every child has the right to be treated with dignity, sensitivity, and respect. We aim to ensure that all experiences of intimate care are positive and promote children's well-being and self-esteem.

Procedures and Practice

- Children will be supported in a respectful and reassuring manner at all times.
- No member of staff will be alone with a child out of sight or hearing of others. Where privacy is appropriate, the cubicle door may be closed, and another staff member will remain nearby.
- We provide a purpose-built changing table with steps to allow children to access it safely and promote independence.
- When changing nappies the window blind is always down to ensure privacy from the outside.
- Appropriate personal protective equipment is provided for the staff, including disposable gloves and aprons.
- Nappies and pull-ups are disposed of hygienically in nappy sacks and placed in an external bin.
- Wet or soiled clothing are placed in a bag and returned to parents/carers.
- A record of each intimate care routine is completed, including the date, time, reason, and staff member involved.

Staff Training and Safeguarding

- All staff hold current safeguarding training, updated at least every two years.
- All staff have appropriate DBS checks in place.
- Staff complete a full induction, including procedures for intimate care.
- Staff receive regular supervision (termly) and annual appraisals.
- All staff are familiar with and adhere to the setting's safeguarding and whistleblowing policies.



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Facilities

- Children use designated child-friendly toilets and changing facilities within the main room.
- Staff members and visitors are able to use the cubicle toilet with door however if more privacy is preferred, they are permitted to use the Colfox staff toilet down the corridor.

Partnership with Parents

We work closely with parents and carers to ensure consistency in intimate care routines and to meet each child's individual needs.

Any concerns or questions regarding intimate care procedures should be raised with either of the preschool leads at the earliest opportunity.

This policy was adopted by the Bradpole Preschool Committee

During the Summer Term 2026

Date to be reviewed Autumn Term 2027